



**Vancouver Island
Crisis Society**

Volunteer Crisis Intervention Training Program

- Registrants are required to pay a training fee of **\$100.00** by the first training session. This fee is only refundable before the end of the first training session. The fee also includes membership with the Vancouver Island Crisis Society.
- Make-up sessions are available under rare circumstances for any trainee who needs to miss a training session. This requires prior approval of the supervisory staff. A **\$40.00** fee will be applied to the first make-up session. A **\$60.00** fee will be applied for the second make-up session. A maximum of two make-up sessions are permitted. If a trainee will miss more than two sessions of training, they will be deferred to the next training course. There will be no make-up session for Session 7 which covers suicide.

Phase 1: September-November 2019

Session 1

Thurs Sep 26th, 6pm-9:00

Listening Skills; What is Crisis?

Session 2

Monday Sep 30th, 6pm-9:00

Levels of Severity; Crisis Intervention Model

Session 3

Thursday Oct 3rd, 6pm-9:00

Manipulation and Boundary Setting

Session 4

Monday Oct 7th, 6pm-9:15

Grief, Loneliness, Intro to Mental Illness

Session 5 Group Observation

Thursday Oct 10th, 6pm-9:30

Mental Health System

Session 6

Thursday Oct 17th, 6pm-9:15

Mental Illness, Continued

Session 7

Saturday Oct 19th, 9am-3:00pm

Suicide Assessment/Intervention

Session 8

Monday Oct 21st, 6pm-9:15

Suicide (Continued), Child Abuse

Session 9

Thursday Oct 24th, 6pm-9:15

Survivorship/Assault/Cycle of Violence

Session 10

Monday Oct 28th, 6pm-9:00

Addictions & Homelessness

Session 11 Group Obs.

Monday Nov 4th, 6pm-9:30

Session 12

Thursday Nov 7th, 6pm-9:00

Serving Vancouver Island; Crisis Response Teams

Session 13

Thursday Nov 14th, 6pm-8:30

Wrap Up Quiz and Roleplays

Evaluation of Phone Skills

2 hrs. (Scheduled individually) during the 18th-22nd of November

Phase 2: November/December

This is the second part of the training, working one on one with staff in the phone room until one is able to take calls on their own

Session 14

TBA

Additional information on suicide