



Vancouver Island
Crisis Society

Volunteer Crisis Intervention Training Program

- Registrants are required to pay a training fee of **\$100.00** by the first training session. This fee is only refundable before the end of the first training session. The fee also includes membership with the Vancouver Island Crisis Society.
- Make-up sessions are available under rare circumstances for any trainee who needs to miss a training session. This requires prior approval of the supervisory staff. A **\$40.00** fee will be applied to the first make-up session. A **\$60.00** fee will be applied for the second make-up session. A maximum of two make-up sessions are permitted. If a trainee will miss more than two sessions of training, they will be deferred to the next training course. There will be no make-up session for Session 7 which covers suicide.

Phase 1

Session 1

Listening Skills; What is Crisis?

Session 2

Levels of Severity; Crisis Intervention Model

Session 3

Manipulation and Boundary Setting

Session 4

Grief, Loneliness, Intro to Mental Illness

Session 5 Group Observation

Mental Health System

Session 6

Mental Illness, Continued

Session 7

Suicide Assessment/Intervention

Session 8

Suicide (Continued), Child Abuse

Session 9

Survivorship/Assault/Cycle of Violence

Session 10

Addictions & Homelessness

Session 11 Group Observations

Session 12

Serving Vancouver Island; Crisis Response Teams

Session 13

Wrap-Up Quiz and Roleplays

Evaluation of Phone Skills

2 hrs. (Scheduled individually) during a week set aside for individual evaluations

Phase 2

This is the second part of the training, working one-on-one with staff in the phone room until one is able to take calls on their own

Session 14

Additional information on suicide