



Three New Volunteer Crisis Line Responder Opportunities

Helping Vancouver Islanders make a meaningful contribution to their communities

August 22, 2022

All of us at the Vancouver Island Crisis Society are very excited about the new training and volunteering opportunities we are offering to our fellow Vancouver Islanders so they can support their communities as Crisis Line Responders.

The **Volunteering** section at www.vicrisis.ca outlines three options:

- **Option A:** Volunteer Training for Crisis Line Responders providing support from our Crisis Centre in Nanaimo, with remote service options to support via the Vancouver Island Crisis Line, Crisis Chat, and Crisis Text, the provincial 1800SUICIDE and 310Mental Health Support lines, and the national Talk Suicide Canada network, supporting via both Voice and Text interactions
- **Option B:** Volunteer Training for Remote Crisis Line Responders answering Vancouver Island Crisis Chat and Crisis Text only
- **Option C:** Volunteer Training for Crisis Line Responders providing support remotely only via Vancouver Island Crisis Chat and Crisis Text and via the Talk Suicide Canada network via Voice and Text

Following a schedule designed to help build foundational crisis intervention skills, **training begins on September 28, 2022**, via the Trainual virtual platform, where modules are completed weekly at a trainee's pace with set deadlines. Over the course of five Wednesday evenings, three-hour group Zoom sessions take place. One-on-one support shifts ensue, occurring either in person (Option A) or remotely (Options B and C).

The personal, educational, and professional benefits of supporting others as a Volunteer Crisis Line Responder are many. We invite you to take part in a rewarding, enriching, and challenging experience. You will make a difference in others' lives — and in your own.

The Vancouver Island Crisis Line is available 24/7 by dialling 1-888-494-3888.

For more information, please contact:

*Elizabeth Newcombe, Executive Director
250-753-2495 ext 114*

*Joanne Hogan, Office and Promotions Administrator
250-753-2495 ext 108 or 250-729-5333 (mobile)*

Please visit our website at www.vicrisis.ca