Volunteer Crisis Intervention Training Program

- Training will be done on-site in our training room in Nanaimo.
- Registrants are required to pay a training fee of $100.00 within the first week of training by office or E-transfer. This fee is only refundable before the end of the first training session. The fee also includes membership with the Vancouver Island Crisis Society.
- Make-up sessions are available under rare circumstances for any trainee who needs to miss a training session. This requires prior approval of the supervisory staff. A $40.00 fee will be applied to the first make-up session. A $60.00 fee will be applied for the second make-up session. A maximum of two make-up sessions are permitted. If a trainee will miss more than two sessions of training, they will be deferred to the next training course. There will be no make-up session for Session 6 which covers suicide.

Phase 1: February-April 2024

**Session 1**  
Monday, Feb 12th, 5pm-8pm  
Welcome & Wellness; Listening Skills; What is Crisis?

**Session 2**  
Wednesday, Feb 14th, 5pm-8pm  
Crisis & Empowerment; Grief & Loneliness

**Session 3**  
Wednesday, Feb 21st, 5pm-8pm  
Introduction to Mental Health

**Session 4**  
Monday, Feb 26th, 5pm-8pm  
Mental Health & Substance Use Partnership & iCarol; Mental Health Continued

**Session 5**  
Wednesday, Feb 28th, 5pm-8pm  
Non-Suicidal Self-Injury; Addictions & Homelessness

**Session 6**  
Monday, March 4th, 5pm-8pm  
Suicide Assessment/Intervention

**Session 7**  
Wed, March 6th, 5pm-8pm  
Suicide Continued; Child Abuse; Survivorship

**Session 8**  
Monday, March 11th, 5pm–8pm  
Crisis Response Teams, Diversity and Recap

**Session 9**  
Wednesday, March 13th, 5pm-8pm  
Wellness & Self-Care

**Session 10**  
Monday, March 18th, 5pm-8pm  
Final Review

**Evaluation of Phone Skills**  
Wednesday, March 20th, 5pm-8pm  
Final Roleplays

**Phase 2: End of March/April**  
This is the second part of the training, working one on one with staff in the phone room until one is able to take calls on their own