Join us our Training Centre in Nanaimo on April 20 and 21, 2023. Fees: $290 and $220 (student)

Two full days of training
(9 am to 4 pm, both days)
We will cover:
• The definitions of crisis and how crisis intervention differs from long term support
• Our attitudes and the way we feel about people in crisis, trauma, and mental health
• How to shift from an at risk paradigm to an at promise approach
• The bio-physiology of crisis and empathy
• The tools and strategies for efficiently deescalating and defusing crisis
• Non violent communication
• Listening beneath issues (compassionate listening)

• 3-step Crisis Helping Model
• Understanding the limits and boundaries when working with people in crisis.
• Learning trauma-informed tools for working with “Crisis Oriented Clients”
• Boundary setting models
• Self-reflection
• How to recognize someone struggling with thoughts of suicide
• How to respond to someone struggling with thoughts of suicide
• How to use the Crisis Helping Model to help someone who is thinking about suicide
• Community Resources

Crisis Intervention Skills Training continues to be a popular workshop for care workers and agencies on Vancouver Island

www.vicrisis.ca